

## THIS MONTH'S LITTLE SOMETHING -FOR EVERYONE

Share What You Can This July

### WELLNESS THOUGHT OF THE MONTH

*A small act of giving can leave a lasting impact.*

Kindale's Thrift Store plays a meaningful role in fundraising efforts, helping support activities and needs beyond core funding. Every donation helps provide Persons Served with access to recreation, supplies, and enriching experiences that make a difference in their daily lives.



To donate or shop, visit:

Kindale Thrift Store: 2725 Patterson Avenue, Armstrong BC



### YOUR MONTHLY WELLNESS CHALLENGE

#### THIS WEEK'S WELLNESS CHALLENGE:

Try completing any 3 of the following simple acts of kindness or sharing:

- ☀️ Donate one item to the Thrift Store
- ☀️ Purchase something from the thrift store
- ☀️ Volunteer your time for a community cause
- ☀️ Lend a helping hand to a neighbour
- ☀️ Pass on a book you enjoyed to someone else

#### FOR THE TEAM - ANNUAL GENERAL MEETING - JULY 10, 2025

Thank you all for your continued dedication, June has been a great month so far. As the summer heat sets in, please take care of yourselves and help keep everyone in our care safe.

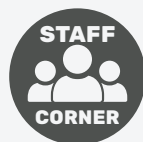
We're excited to announce that our **Annual General Meeting** is happening on **Thursday, July 10**.

We're also happy to share that we are launching two new initiatives:

**"Performer of the Quarter"** a recognition program to celebrate outstanding contributions.

**"What's Happening @ Kindale"** a communication binder to help everyone stay connected and informed.

More details will be available onsite soon. Stay tuned!



TO DONATE



SCAN ME

Kindale Developmental Association

2725A Patterson Ave, Armstrong, BC V0E 1B0 | P: 250 546 3005 | F: 250-546-3053 | [www.kindale.net](http://www.kindale.net)

# KINDALE NEWSLETTER

JUNE 2025

[WWW.KINDALE.NET](http://WWW.KINDALE.NET)

Summer heat is in full swing and the days are long, bright, and full of energy. Whether it is a quiet evening on the porch or a shared laugh over a summer snack, this season invites us to slow down and savour life's simple moments. Big or small, these moments matter.

#### JULY IS FOR CELEBRATING AND SHARING

July also brings opportunities to celebrate and connect. Canada Day is a time to come together and reflect on the values that unite us such as kindness, community, and belonging. Later in the month, **'Give Something Away Day on July 15'** encourages us to share what we can, whether it is a kind word, an extra blanket, or a thoughtful gesture.

Wishing you a joyful and meaningful month ahead. Happy Canada Day to you and your loved ones.



## LEADERSHIP REFLECTION FOR THE MONTH

As we begin a new month, we are excited to share that our Person Served Survey results are in with an outstanding 98% satisfaction score. This speaks volumes about your dedication and the care you bring to your work every day. Thank you for making Kindale a place of respect, support, and belonging.

We are also looking forward to our Annual General Meeting on Thursday July 10. It will be a time to reflect, celebrate achievements, and look ahead.

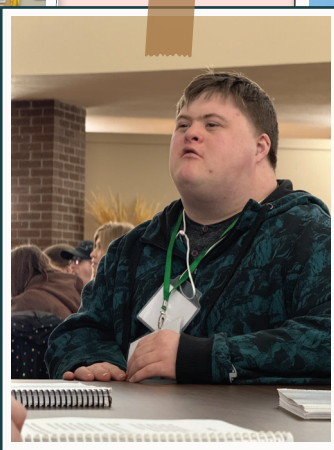
Thank you for being part of another meaningful year. Wishing everyone a season filled with kindness, progress, and shared success

TOGETHER, WE TRULY  
DO MAKE A DIFFERENCE!



**BENITA (B) ELLIOTT**  
EXECUTIVE DIRECTOR

# Kindale



## WAYS TO DONATE:



SCAN ME

Give us a call at **250-546-3005** and our receptionist will take your donations and details.

Come in person **2725A Patterson Ave, Armstrong, BC V0E 1B0** to donate using debit or credit card or drop off a cheque!

Mail your donation payable to:  
**Kindale Developmental Association PO Box 94, Armstrong, BC V0E 1B0**