YOUR MONTHLY CHALLENGE

Not everything that matters comes with a price tag. This November, complete any two of the following:

- Do one small act of kindness for someone who will never know it came from you. Hold a door, give a real compliment, or let someone go ahead of you in line.
- Write a short note of thanks to someone who made a difference in your life, and actually hand it to them.
- Give two hours to a place that needs them. Our Thrift Store is an easy place to start.

THIS MONTH'S LITTLE SOMETHING -FOR EVERYONE

"Wherever there is a human being, there is an opportunity for a kindness."— Seneca

COMMUNITY SPOTLIGHT

Kindness showed up on a downtown Vernon street corner this fall, in a purple fig costume. The Fig Bistro offered a customized employment position to one of our persons served, who took on the role of the dancing fig and now does the job independently, handing out $12 "Lunch On Us" certificates to everyone who stopped to say hello. Thank you to The Fig Bistro for reminding us what real generosity looks like, and for letting our community benefit from this partnership

The Fig BISTRO



TO DONATE **SCAN ME**

Kindale Developmental Association
2725A Patterson Ave, Armstrong,BCV0E1B0 | P:2505463005 | F:250-546-3053 | www.kindale.net

KINDALE NEWSLETTER

NOVEMBER 2026

DEAR NOVEMBER READERS,

November turns our attention outward. The leaves are down, the days are shorter, and the calendar holds a date that asks us to pause. On November 11 we wear a poppy and take a moment of silence for the people who served, and for the families who waited for them. Remembering them well means carrying their example into how we treat the people around us.

This month is about gratitude, and about kindness that does not cost a thing. Around here it looks like a hello for someone new, a chair pulled out, a phone call to a friend who has been quiet lately. None of it shows up on a receipt, and all of it counts.

Gratitude is a feeling. Giving back is what we do with it. A hand lent, an hour given, none of it complicated, and none of it goes unnoticed. Whatever you have to offer this November, someone here needs exactly that.



LEADERSHIP REFLECTION FOR THE MONTH

The poppies are out across the valley this month, bringing a different kind of reflection with them. Most of what we have to be thankful for comes down to the people who show up.

Our Thrift Store has been reorganized from top to bottom, and there is now a new boutique room! Thanks to everyone who saw that work through, the whole space feels different, and it is worth a look. The store is also one of the ways our programs are funded, so every donation and every purchase goes back into the work we do here.

There is a constant need for more volunteers. A few hours is all it takes, and there is a job for every set of hands. If you are interested in volunteering, please contact us at 250-546-3005.

Wishing everyone a warm and grateful November.

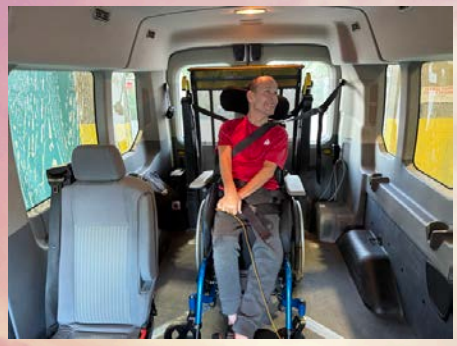
Laura Davidson
Executive Director

TOGETHER, WE DO Kindale *MAKE A DIFFERENCE!*

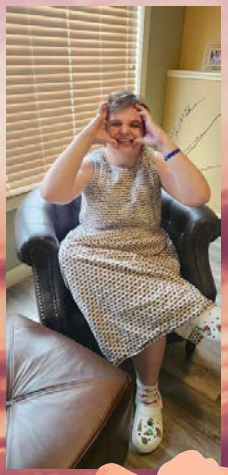
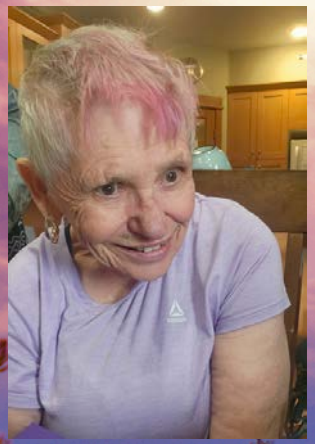













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